

## **VA/DOD CLINICAL PRACTICE GUIDELINE FOR THE DIAGNOSIS AND MANAGEMENT OF DYSLIPIDEMIA**

### **KEY POINTS CARD**

1. Base recommendations on high quality evidence with a focus on interventions that improve clinically significant patient-centered outcomes.
2. Address primary and secondary prevention of coronary disease.
3. Use specific screening criteria to identify the patient with dyslipidemia who is most likely to benefit from appropriate intervention.
4. Incorporate global cardiovascular risk assessment to guide treatment for dyslipidemia.

**DYSLIPIDEMIA**

5. Use lipid lowering therapies to reduce cardiovascular risk and events that include:
  - a. Evidence driven rationale for medication choices
  - b. Lifestyle modification and diet with appropriate intensity
6. Manage modifiable cardiovascular risks, not just dyslipidemia.
7. Define treatment goals.
8. Clarify contribution of triglycerides (TG) and HDL-C to cardiovascular disease (CVD) risk.

VA access to full guideline: <http://www.oqp.med.va.gov/cpg/cpg.htm>

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DoD access to full guideline: <http://www.qmo.amedd.army.mil>

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